
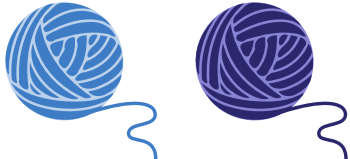














Namkha construction /

SEED SYLLABLE COLORS

Aspect's element	Rhombus center yarn color	Syllable color
Water 	Blue / Dark blue (Deep water) 	White [BAM] 
Wood 	Green 	Green [YAM] 
Fire 	Red 	Red [RAM] 
Earth 	Yellow 	Yellow [LAM] 
Metal 	White 	Yellow [LAM] 

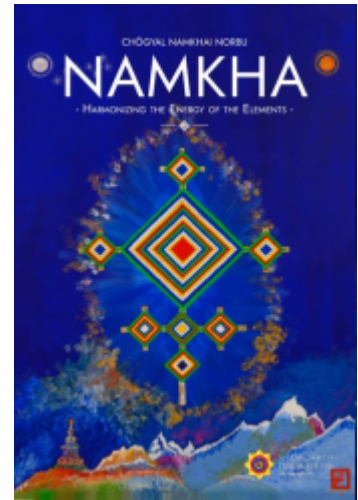


Commentary



The table above indicates which colors are used for drawing the seed syllables of the elements in the notches of Namkha sticks. The color scheme is based on the latest edition of the Namkha book:

C.N. Norbu. *Namkha: Harmonizing the Energy of the Elements*. Shang Shung Publications, 2022.

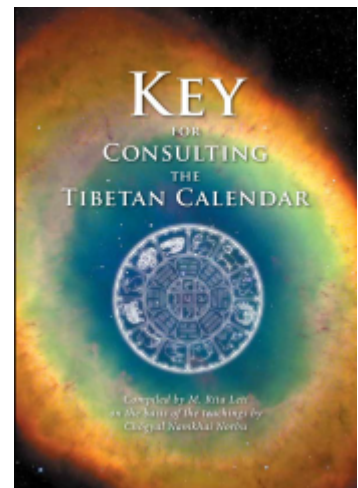


The color of some syllables differs from the color of the yarn used in the rhombus center. This is because two different Tibetan astrological systems are applied in the construction of a Namkha.

The five yarn colors are based on the **Jungtsi** system. The seed syllables, however, follow the **Kartsi** system.

For more details on these systems, see:

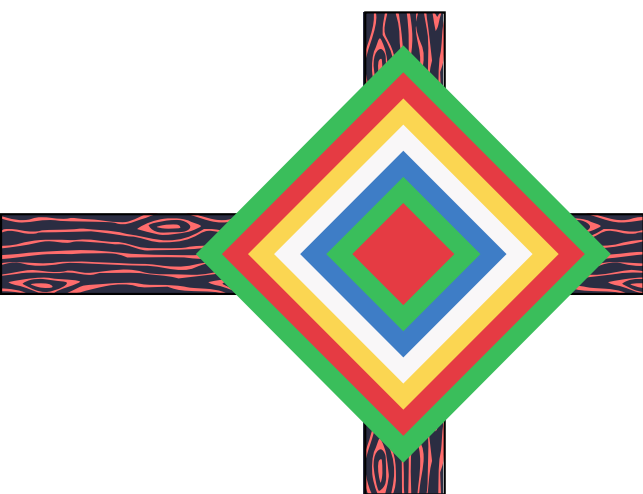
C.N. Norbu. *Key for Consulting the Tibetan Calendar*. Shang Shung Publications, 2014.



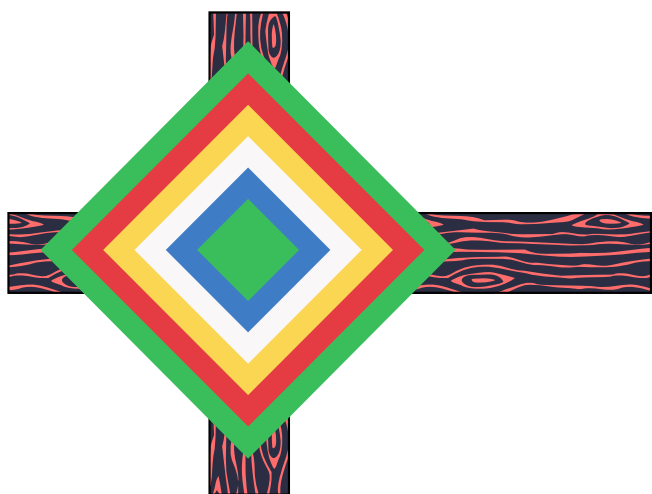
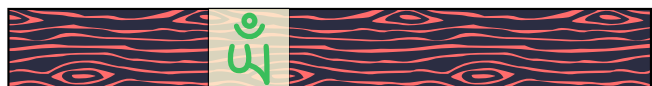
Examples



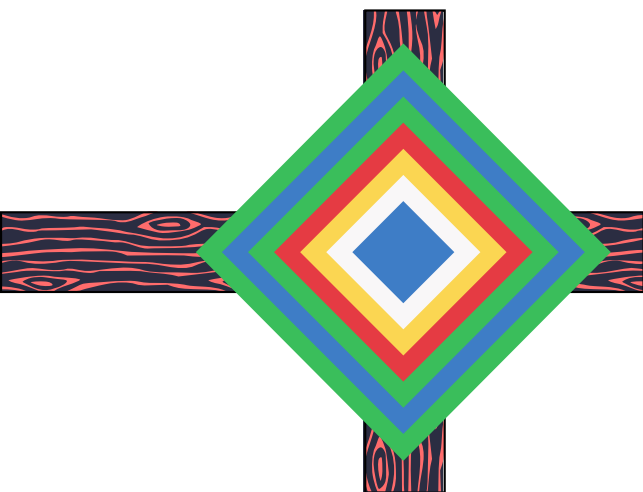
Center: *red (Fire)*
Syllable: *red RAM*



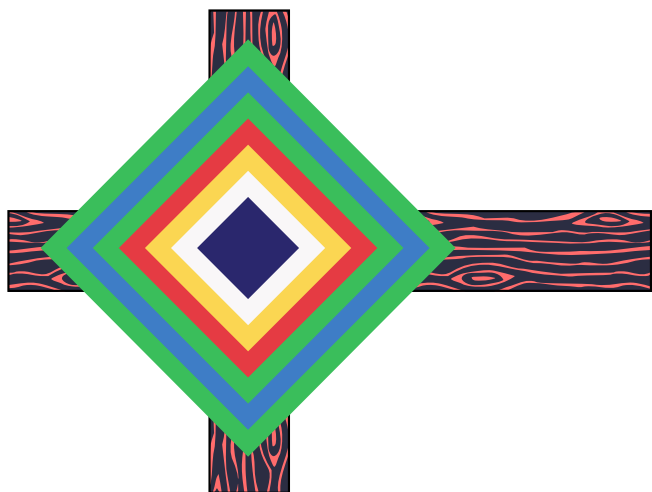
Center: *green (Wood)*
Syllable: *green YAM*



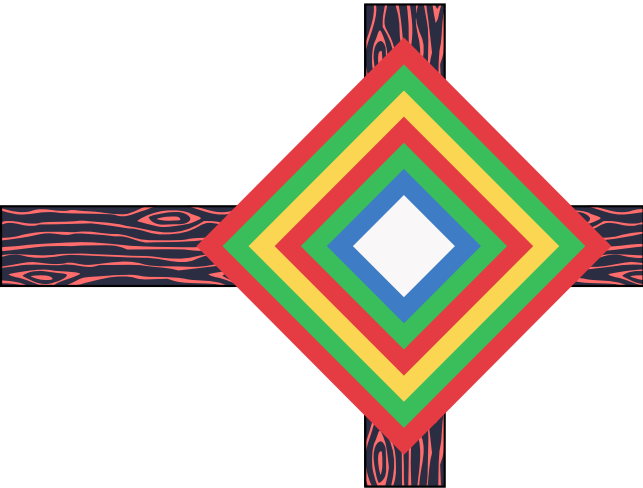
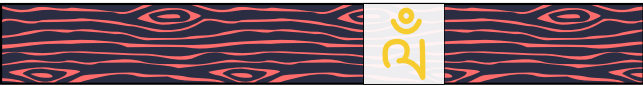
Center: *blue (Water)*
Syllable: *white BAM*



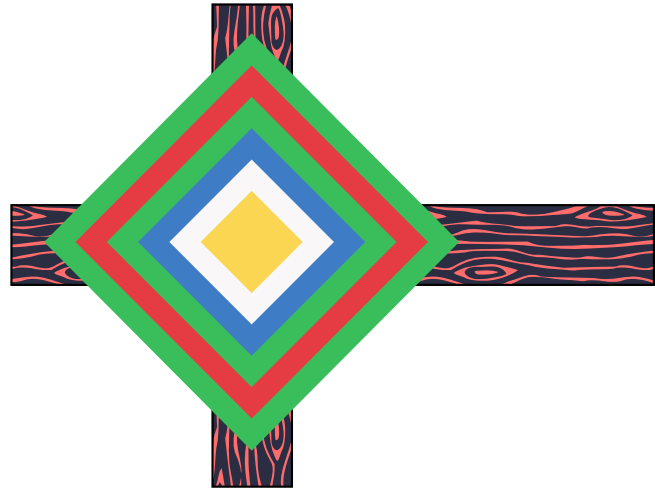
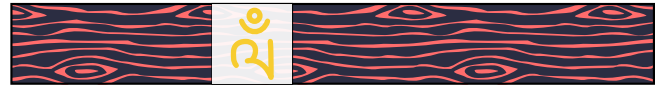
Center: *dark blue (Deep Water)*
Syllable: *white BAM*



Center: *white (Metal)*
Syllable: *yellow LAM*



Center: *yellow (Earth)*
Syllable: *yellow LAM*



A Note from the Namkha Encyclopedia



If you've learned something new about the Namkha method from this booklet, there's still more to discover.

We now offer custom calculation charts for the newly revealed Namkha types of Tibetan *hour, day, and month*, based on the original system.

You can also join our *courses* to learn how to calculate these Namkhas yourself.

And for those navigating close relationships, there is a special method—*Double Namkhas*—to protect in difficult years or to harmonize the energy between any two people who share life regularly: partners, friends, coworkers, or family.

If you feel called to go deeper, you're warmly invited to explore with us:

 namkha-encyclopedia.com

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